



OFFICE OF THE SHERIFF

COUNTY OF LOS ANGELES

HALL OF JUSTICE

ROBERT G. LUNA, SHERIFF



July 17, 2026

Dr. Troy Byer
Chief Executive Officer
Mindology Empowerment Academy

Dear Dr. Byer:

LETTER OF REFERENCE

I am pleased to provide this letter of reference in support of Mindology Empowerment Academy (MEA) and to acknowledge the valuable services the organization has provided and to recognize the organization's outstanding commitment to delivering evidence-informed behavioral health, social-emotional learning, and empowerment services.

MEA has demonstrated a strong commitment to serving incarcerated and justice-involved individuals by providing programming designed to promote personal transformation, emotional wellness, accountability, and successful community integration. Through a trauma-informed and strengths-based approach, MEA equips participants with practical tools that support emotional regulation, critical thinking, effective communication, health decision making, conflict resolution, and long-term personal development.

The Los Angeles County Sheriff's Department partnered with MEA to provide services to our incarcerated female population at Century Regional Detention Facility in January 2026 and continued these services through July 2026.

During each service period, MEA delivered comprehensive programming that included social-emotional learning, cognitive and emotional skill development, behavioral health education, leadership development, mentoring, life-skills instruction, emotional wellness workshops, mindfulness practices, identity development, stress management, workforce readiness preparation, and evidence-informed strategies that encourage positive behavioral change.

These services are especially valuable within correctional environments, where participants often face significant barriers related to trauma, adverse childhood experiences, emotional regulation, substance use, educational gaps, and successful reentry into the community. MEA's programming addresses

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these challenges by helping participants develop self-awareness, resilience, accountability, interpersonal communication skills, emotional intelligence, and practical strategies for making healthier life choices. MEA fosters a safe, respectful learning environment that encourages reflection, personal responsibility, and goal setting while supporting rehabilitation and reducing barriers to successful reintegration.

Throughout our experience, MEA's facilitators consistently demonstrated professionalism, cultural responsiveness, compassion, and the ability to effectively engage incarcerated participants through interactive, evidence-informed instruction. Participants were encouraged to identify personal strengths, develop coping strategies, improve problem-solving skills, and build confidence necessary for successful transition back into their families and communities.

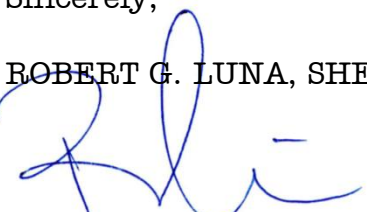
It is anticipated that MEA will continue to provide programming as institutional needs and scheduling permit. Future services are expected to continue focusing on behavioral health, emotional wellness, reentry preparation, leadership development, workforce readiness, mentoring, family strengthening, social-emotional learning, and community reintegration support.

Based on the services provided and the positive impact observed among participants, I confidently recommend MEA as a trusted provider of behavioral health, rehabilitation, and empowerment programming for correctional institutions, detention facilities, reentry programs, probation and parole agencies, community-based organizations, and public-sector partners. MEA's innovative, evidence-informed approach makes it a valuable resource for organizations committed to rehabilitation, restorative practices, and reducing recidivism through education, emotional wellness, and personal empowerment.

If you have any questions, please contact me at (323) 526-5432.

Sincerely,

ROBERT G. LUNA, SHERIFF



Roel D. Garcia, Commander
Custody Services Division Specialized Programs